

ALCOHOLICS ANONYMOUS

Central Office / Information

(425) 252-2525

24- HOUR PHONE SERVICE
1721 HEWITT, RM 521, EVERETT

Web Site: <http://www.snocoaa.com>

SOUTH ISLAND AND SNOHOMISH COUNTY SCHEDULE

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

Groups listed in this Meeting directory are registered at their own request. A directory listing does not constitute or imply approval or endorsement of any Group's approach to or practice of the traditional AA program.

This directory is for sharing AA information. It is NOT to be used as a mailing list or for any form of solicitation or commercial venture whatsoever.

(This includes mailings from anyone, non-profits, profits, individuals, good causes, and anyone else who thinks perhaps they are excepted.)

AA PREAMBLE:

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions.

AA is not allied with any sect, denomination, politics, organization or institution, does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics achieve sobriety.

I am responsible - When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that: I am responsible (Toronto 1965)

TO THE NEW AA MEMBER:

BE RESPONSIBLE: Join the Group of Your Choice. (AA World Services, GSO & Grapevine Material reprinted by permission.)

Revised: August, 2004

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SAMPLE MEETING & DIRECTORY CODE KEY

8:00 PM C (or) O Sober Group (N/S, S-A/SPKR-1st Tues., H, AL, AT)

C = CLOSED. Closed meetings are for AA members (alcoholics only), "First-timers" ARE WELCOME!

O = OPEN. Open meetings are for anyone interested in the disease of alcoholism.

N/S = NON-SMOKING.

(S-A/SPKR-(Day)) = Soberity Anniversary (birthdays) and/or Speaker Meeting. For "Closed" meetings, this is usually an "Open" meeting.

H = HANDICAP FACILITIES.

AL = Alanon meets at the same time and location.

AT = Alateen meets at the same time and location.

ECO LATINO = Spanish Speaking

Alanon Family Groups and Alateen are for family and friends of the sober or practicing alcoholic, recognizing that alcoholism is a "family" disease.

Al-Anon 24 Hour Phone Service: (425) 348-7828

Nearby AA District Intergroup Offices:

Everett Central Office: (425) 252-2525

Seattle Intergroup Office: (206) 587-2838

Sno-King Intergroup Office: (425) 672-0987

INSTITUTIONAL MEETINGS

~ NOTE ~

These Meetings Are Restricted

(Please contact the appropriate Corrections Chairperson listed below to obtain clearance)

Correctional Facilities Committee

Correctional Facilities Committee Members carry the message to alcoholics inside "the Walls." Our main purpose is to share our experience, strength and hope with fellow alcoholics who have gotten into trouble with the law - a consequence which for many of the rest of us is still a "yet."

Please look into the meetings we hold inside and give yourself the chance to serve the Fellowship. It is not difficult to go to an AA meeting in a correctional facility. The "Guidelines for Volunteers" requests six months of sobriety, and for SPONSORS of meetings, one year. Requirements for some prisons include clearance by the State, for others only a week's notice to the local AA sponsor. People who are involved with service work stay sober and help other people to stay sober.

**Call Central Office For More Information
(425)252-2525**

DISTRICT 12

Denny Youth Center

DISTRICT 3

Monroe Reformatory, Twin Rivers, WSR

DISTRICT 19

Snohomish County Jail, Snohomish County Work Release

DISTRICT 2

Indian Ridge

FELLOWSHIP HALLS

THIRTY FOUR OAKS

1731 BAKER ST.

EVERETT

PHONE:(425) 252-5625

OPEN HOURS 6 AM-10 PM

ED-LYNN FELLOWSHIP HALL

7300 196TH ST. S.W. #3

LYNNWOOD

432 FELLOWSHIP HALL

432 2ND ST.

LANGLEY

PHONE: (360) 221-9995

SNOHOMISH ALANO

625 FORD ST.

SNOHOMISH

PHONE: (360) 568-9992

LYNNWOOD ALANO CLUB

4001 198TH ST. S.W.

LYNNWOOD

PHONE: (425) 712-7268

(PARKING IN BACK ONLY, N/S)

1906 GRAND (T.E.A.)

1906 GRAND AVENUE

EVERETT

PHONE: (425) 252-9436

(MESSAGE CENTER)

DISTRICT MEETINGS

12TH DISTRICT

BUSINESS & SPECIAL MEETINGS

BE SURE YOUR GROUP IS REPRESENTED

Call Central Office To Contact Trusted Servants: (425) 252-2525

DISTRICT BUSINESS MEETING: 7:00pm ~ First Thursday of each month ~ 1401 Poplar, Everett (N/S)

DCM & ALT - Currently Served

SECRETARY & Alt. - Currently Served

TREAS. & Alt. - Currently Served

NEWSLETTER & Alt. - Currently Served

SCHEDULES & Alt. - Currently Served

ARCHIVES & Alt. - Currently Served

GRAPEVINE & LITERATURE - Currently Served (**No Alt.**)

PUBLIC INFORMATION COMMITTEE MEETING ~ First Sunday

@ ? (contact a Trusted Servant) ~ **PI/CPC & Alt.** - Currently Served

3RD LEGACY & Alt. - Currently Served. Meets 6:00pm ~ First Thursday each month 1401 Poplar, Everett

CORRECTIONS & Alt. - Currently Served

TREATMENT & Alt. - Currently Served (Call a Trusted Servant for committee meeting time and place)

DIST. REP. TO CENTRAL OFFICE - Currently Served (No Alt.)

WEBSITE & Alt. - Currently Served @ <http://www.snocoaa.com>

DISTRICT 12 DONATIONS: P.O. Box 1387, Everett, WA 98206

3RD DISTRICT

BUSINESS & SPECIAL MEETINGS

Call Central Office To Contact Trusted Servants: (425) 252-2525

DISTRICT BUSINESS MEETING: 7:00pm, Third Thursday each month, Life Covenant Church, 202 S. Sam St., Monroe

DCM & ALT - Currently Served

SECRETARY - Currently Served

TREASURER - Currently Served

CORRECTIONS - Currently Served

HOSPITAL & TREATMENT - Currently Served

SCHEDULES - Currently Served

NEWSLETTER - Currently Served

PI BOOTH - Currently Served

PI/CPC - Currently Served

DISTRICT REP. TO CENTRAL OFFICE - Currently Served

DISTRICT 3 DONATIONS & CORRESPONDANCE:

P.O. Box 157 Monroe, WA 98272

19TH DISTRICT

BUSINESS & SPECIAL MEETINGS

Call Central Office To Contact Trusted Servants: (425) 252-2525

DISTRICT BUSINESS MEETING:

7pm - Last Thursday of each month, Our Saviors Luthern Church, 215 Mukiliteo Blvd., **Everett**

DCM & Alt. - Currently Served

SECRETARY & Alt. - Currently Served

TREASURER & Alt. - Currently Served

NEWSLETTER - Currently Served (No current Alt)

SCHEDULES & Alt. - Currently Served

ARCHIVES & Alt. - Currently Served

GRAPEVINE & LITERATURE & Alt. - Currently Served

PUBLIC INFORMATION/CPC - Currently Served (No current Alt)

3rd LEGACY & Alt. - Currently Served

CORRECTIONS & Alt. - Currently Served

TREATMENT & Alt. - Currently Served

CENTRAL OFFICE - Currently Served (No current Alt)

WEBSITE COORDINATR - Currently Served (No current Alt)

DISTRICT #19 DONATIONS: P.O. Box 13023 Everett, WA 98206

2ND DISTRICT

BUSINESS & SPECIAL MEETINGS

Call Central Office To Contact Trusted Servants: (425) 252-2525

DISTRICT BUSINESS MEETING:

6:30pm - 3rd Tues. each month, Peace Lutheran Church on Larson Rd., **Silvana**

DCM: & Alt. - Currently Served

SECRETARY - Currently Served (No current Alt)

TREASURER & Alt. - Currently Served

NEWSLETTER - Currently Served (No current Alt)

SCHEDULES & Alt. - Currently Served

ARCHIVES - Currently Served (No current Alt)

CORRECTIONS COMMITTEE - Currently Served

GRAPEVINE & LITERATURE - Currently Served (No current Alt)

3rd LEGACY - Currently Served (No current Alt)

TREATMENT & Alt. - Currently Served

CPC - Currently Served (No current Alt)

PI - Currently Served (No current Alt)

DIST. REP. TO CENTRAL OFFICE - Currently Served (No current Alt)

DONATIONS: P.O. Box 411 Silvana, WA. 98287

SUNDAY

- 6:00 AM O,H **ALMOST AWAKE** ,IHOP, 10301 Evergreen Way, **South Everett**
- 7:00 AM O **MORNING PHOENIX**, 4024 Hoyt (basement), **Everett**
- 7:00 AM O,H **TUG(THE UNITY GROUP)** Mt. Zion Lutheran Church, 21428 44th Ave. W., **Mountlake Terrace**, (N/S w/brk.)
- 8:00 AM O,H **SUNDAY BREAKFAST**, Coco's Rest., **Lake Forest Park**
- 8:00AM O,H **3-5-7-11 BREAKFAST GROUP 12X12 STUDY**, Shaun O'Donnell's, 41st between Hoyt & Colby, **Everett**, (S/A 4th Sun) (S)
- 8:00 AM O,H **A.M. AA**, 18800 44th Ave. W., **Lynnwood** (N/S w/brk) (at Fire Station Sun. only)
- 8:30 AM O,NS **SKY VALLEY BREAKFAST GROUP**, 101 Union, **Snohomish**
- 9:00 AM O,H,S **BACK TO BASICS/BREAKFAST GROUP**, Lakeshore Inn, 1801 124th Ave N.E., **Lake Stevens** (Discussion, Speaker last Sunday)
- 9:00 AM O,H **FAITH IN ACTION**,1906 Grand, **Everett**
- 9:30 AM O,H **SERENITY ON SUNDAY**, Don's Restaurant, 4th & Cedar, **Marysville**, (S)
- 9:30 AM O,H **SUNDAY AM BOOK STUDY**, Royal Fork, **Marysville**, (N/S)
- 9:50 AM O,H **STANWOOD/CAMANO**, Viking Restaurant, **Stanwood** (Breakfast Group), B-day last Sunday, buisness mtg. 1st Sunday@9:00am
- 10:00 AM O **CONTINENTAL BREAKFAST GROUP** Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**
- 10:00 AM O,H **COFFEE CUP GROUP**, Stevens Hosp., 4th Floor Conf. Room, 21600 76th Ave. W., **Edmonds**, (N/S)
- 10:00 AM O,H **LYNNWOOD BREAKFAST GROUP**, Fillbecks Chuck Wagon, 6720 Evergreen Way, **Everett**
- 10:00 AM O,H **ECO LATINO**, 4824 Evergreen Way, **Everett**
- 10:00 AM O,H **CONTINENTAL DIV.**, Petosas, 176th & Hwy. 99 So., **Lynnwood**, (smoking)
- 10:00 AM O,H **SOBER ON SUNDAYS (SOS)**, Senior Center, **Granite Falls**

SUNDAY

- 10:00 AM O,S **SUNDAY MORNING MADNESS**, Sultan Eagles Aerie, E. Main St., **Sultan**, (Go through Park n' Ride lot to blue bldg.)
- 10:30 AM O **SKY VALLEY BREAKFAST TOO**
625 Ford St., **Snohomish**
- 10:30 AM O **WINNER'S CIRCLE GROUP**, 18th & Baker
Everett
- 12:00 PM O,S **AS BILL SEES IT**, Lynnwood Alano Club
4001 198th St. S.W., **Lynnwood**
- 12:00 PM O,H **HIGH TIDE STEPS ELF**, Ed-Lynn
Fellowship, 7300 196th St. S.W. #3, **Lynnwood**
- 12:00 PM O **EVERETT GROUP**, 1906 Grand, **Everett**
(1HR) (N/S)
- 3:00 PM O,H **SUNDAY BIG BOOK**, Maplewood Presbyterian, 196th & 84th W., **Edmonds**
- 4:00 PM O **H.O.W.**, 18th & Baker, **Everett**
- 4:00 PM C **WOMEN WORKING TOGETHER**, 1906
Grand, **Everett**, (Women's closed, N/S w/brk)
- 5:00 PM O,H **ATTITUDE ADJUSTMENT**, Ed-Lynn
Fellowship, 7300 196th St. W., **Lynnwood**
- 6:00 PM O **SOLUTIONS**, Lynnwood Alano Club, 4001
198th St. S.W., **Lynnwood**, (smoking)
- 6:00 PM O **INDEX**, Old Fire Hall, **Index** (N/S w/brk)
- 6:00 PM NS,C **B.Y.O.B.B.**, 4024 Hoyt, **Everett**,
(downstairs)(spkr. mtg. last Sun.)
- 6:30 PM O,H **K.I.S.S.**, Camano Center, 141 N.E. Camano
Dr., **Camano Island**, (N/S w/brk)
- 6:30 PM O **SOBRIETY WITH A VIEW (SWAV)**,
1906 Grand, **Everett** (S/A last Sunday of
month) (N/S w brk)
- 7:00 PM O,H **HOME GROUP (GAY) - ALL WEL
COME**, 2624 Rockefeller Ave., **Everett**
- 7:00 PM O **DARRINGTON GROUP**, Baptist Church
Hwy. 530, **Darrington**
- 7:00 PM O,H **SNUG HARBOR GROUP**, St Ann's
Church, 7231 Totem Beach Rd., Tulalip
Marysville, (S/A last Sunday) (N/S w/brk.)
- 7:00 PM O **SKYVALLEY SUNDAY NIGHT**,
625 Ford St., **Snohomish**
- 7:00 PM C,H **SISCO HEIGHTS GROUP**,
Sisco Heights Community Club, **Arlington**

SUNDAY

- 7:00 PM O **FE Y ESPERANZA**, 17224 Main St., **Monroe**
(N/S)(Hope & Faith Group)(Eco Latino)
- 7:30 PM C **MEN'S CLOSED**, 18th & Baker, **Everett**,
(no court slips signed)
- 7:30 PM O,H **MOUNTLAKE TERRACE GROUP**,
Library, 23300 58th Ave. W.,
Mountlake Terrace
- 7:30 PM O,H **WE ARE NOT SAINTS GROUP**,
Community Center, Pioneer S. Granite,
Granite Falls (N/S)
- 7:30 PM O,H **SUNDAY NIGHT SPIRITUAL**,
Longshore Hall, 1016 Hewitt, **Everett**
- 7:30 PM O,H **ST. JUDES**, St Pius X, Gym, 22105
58th W., **Mountlake Terrace**
- 8:00 PM O **CANDLELIGHT**, Lynnwood Alano
Club, 4001 198th St. S.W., **Lynnwood**
- 8:00 PM C **BACK TO BASICS**, 432 2nd St.,
Langley (N/S w/brk)
- 8:00 PM C,H **SUNDAY SERENITY**, Ed-Lynn
Fellowship, 7300 196th St. SW.#3,
Lynnwood
- 10:00 PM O,H **ED-LYNN FELLOWSHIP**, 7300 196th
St. S.W. #3, **Lynnwood**

MONDAY

- 6:00 AM O,H **ALMOST AWAKE**, IHOP, 1031
Evergreen Way, **Everett**, (1HR)
- 7:00 AM O,H **TUG(THE UNITY GROUP)** Mt. Zion
Lutheran Church, 21428 44th Ave. W.,
Mountlake Terrace, (N/S w/brk.)
- 7:00 AM O **THE MORNING PHOENIX**, 4024 Hoyt
(basement) **Everett**, (N/S w/ brk)
- 7:00 AM O,H **SKY VALLEY**, 625 Ford, **Snohomish**
- 7:00 AM O,H **AM AA**, Lynnwood Recreational Center,
18900 44th W., **Lynnwood**, (N/S), 12x12
Study
- 9:15 AM O,H **M&M GROUP**, Alpine Recovery Inc.,
16404 Smokey Point Blvd., **Smokey Point**
- 10:00 AM O,H **ABBEY GROUP**, Maplewood Presbyter-
ian, 196th S.W. & 84th, **Edmonds**, (N/S)

MONDAY

- 10:00 AM O **EASY DOES IT**, VIP Log Cabin, Evergreen State Fairgrounds, Hwy. 2, **Monroe**, (N/S w/brk, closed during fair or federal holidays)
- 11:30 AM O,H **GRAPEVINE GROUP**, American Legion Hall, 26921 88th N.W., **Stanwood** (N/S)
- 11:30 AM O **EVERGREEN GROUP**, 1906 Grand, **Everett** (N/S)
- 12:00 PM O **GUNNY SACK HILL**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**
- 12:00 PM O **NOONER**, 432 2nd St., **Langley**
- 12:00 PM O,H **NOON AA**, Ed-Lynn Fellowship, 7300 196th ST. S.W. #3, **Lynnwood**
- 12:00 PM O **NOON MEETING**, 18th & Baker, **Everett**
- 12:00 PM O **SKY VALLEY MONDAY NOON**, 625 Ford, **Snohomish**
- 12:00 PM O **I CAN'T, WE CAN**, 4024 Hoyt Ave., **Everett** (N/S) (1 HR)
- 3:00 PM O **3 O'CLOCKERS**, 4024 Hoyt, **Everett**, (N/S w/ break)
- 3:45 PM O **PROMISES**, 1906 Grand, **Everett**, (1HR) (N/S)
- 5:00 PM O,H **NEW LIFE STUDY**, Ed-Lynn Fellowship, 7300 196th ST. S.W. #3, **Lynnwood**
- 5:15 PM O **ONE FOR THE ROAD**, 4024 Hoyt Ave, **Everett** (1 HR) (N/S)
- 5:15 PM O **PRIMARY PURPOSE**, 18th & Baker **Everett**, (1 HR)
- 5:30 PM O **SKY VALLEY HAPPY HOUR**, 625 Ford, **Snohomish**, (1 HR) (S)
- 5:30 PM O,S **HAPPY HOUR**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**, (1HR)
- 6:00 PM C **STEP SISTERS NORTH**, North Creek Country Church, 18321 Bothell Hwy, **Bothell**
- 6:00 PM O,H **TUG(THE UNITY GROUP)** Mt. Zion Lutheran Church, 21428 44th Ave. W., **Mountlake Terrace**, (N/S w/brk.)
- 6:00 PM O,H **A LIGHT IN THE WINDOW**, Free Methodist Church, 730 E. Highland Dr. **Arlington**, (N/S w/brk) (Grapevine topic)
- 6:30 PM C,H **WOMENS SERENITY**, 1401 Poplar, **Everett**, (N/S w/brk) trad. and BB stdy, open last Monday

MONDAY

- 6:30 PM O,H **EASY DOES IT LITERATURE STUDY**
VIP Log Cabin, Evergreen State Fairgrounds
(no meeting during fed. holidays or the
fair)(Big Book study)
- 6:30 PM O,H **ON THE WAGON (OTW)**, Filibeck's
Chuckwagon, Evergreen & Madison,
Dinner Mtg., Park @ bank, **Everett**
- 7:00 PM O,H **ECO LATINO**, 4824 Evergreen Way,
Everett
- 7:00 PM O **ARLINGTON MONDAY NIGHT**, St.
Andrews Church , 230 E Burke, **Arlington**
(N/S w break) back of church in basement
- 7:00 PM **MONDAYS WAY OUT GROUP**, 4024
Hoyt Ave., **Everett**, (N/S) 12 /12 Step Study
- 7:00 PM O **SKY VALLEY BIG BOOK STUDY**,
625 Ford St., **Snohomish**
- 7:00 PM C,H **SOUTH WHIDBEY ISLAND MEN'S**
STAG, House of Hope, 816 Camano Dr.,
Langley
- 7:00 PM O,H **GRATITUDE GROUP**, Memorial Com-
munity Church, 710 Pecks Dr., **Everett**,
(Big book Study) (N/S w/brk)
- 7:00 PM O,H **THE PICKLE BARREL**, Our Savior's
Lutheran Church, 215 Mukilteo Blvd.,
Everett, (N/S)
- 7:00 PM O **MONDAY NIGHT STEP STUDY**,
Trinity Lutheran, Hwy525 **Freeland** (N/ S)
- 7:00 PM O,H **MILL CREEK DISCUSSION GROUP**,
St. Francis Episcopal Church,
138th & Bothell Everett Hwy, **Mill Creek**
- 7:00 PM C,H **WOMAN'S BIG BOOK STUDY**,
Senior Center, 302 S. Granite Ave.,
Granite Falls, (B/Day last Monday)
- 7:00 PM O **GRACE RULES**, 3805 Maltby Rd.,
Bothell, (behind Park Ridge Chapel)
(N/S w/brk)
- 7:00 PM O **FE Y ESPERANZA**, 17224 Main St., **Monroe**
(N/S)(Hope & Faith Group)(Eco Latino)
- 7:30 PM O **STEP A MONTH DONUT MEETING**,
St. Phillips Episcopal Church ,
4312 84th St., **Marysville**, (N/S w/ brk.)

MONDAY

- 7:30 PM O,H **SILVER LAKE 12X12 STUDYGROUP**
Advent Luthern Church,4302 132nd St.,
S.E., **Snohomish**, (N/S w/brk)
- 7:30 PM O,C **LOVE & SERVICE**, Free Methodist
AL,AT Church, 9506 7th Ave. **Everett** (N/S)
(child care available)
- 7:30 PM O,H **TURNING POINT GROUP**, St. Adians
Episcopal, 1318 E. SR 532, **Camano
Island** (N/S w/brk)
- 7:30 PM O **FIRESIDE STUDY GROUP**, Downtown
Lake Stevens across from Post Office
in the 1st Baptist Church, **LakeStevens**,
(N/S), Candlelight
- 8:00 PM C **MONDAY NIGHT STUDY**, 18th &
Baker, **Everett**, (Open last Mon. of month)
- 8:00 PM O **STARTUP TOSSPOTS**, Startup
Gym, behind Lions Community Park,
(N/Swbrk), **Startup**
- 8:00 PM O,H **THE MARTHA LAKE GROUP**,
FirstBaptist,17319 Larch Way, **Lynnwood**
- 8:00 PM O **MOONLIGHTER**, 432 2nd St., **Langley**
(Smoking)
- 8:00 PM O,H **MONDAY ISN'T SO BAD**, Ed-Lynn Fellow-
ship,7300 196th ST. S.W.#3, **Lynnwood**
- 8:00 PM O,H **NORTHLAKE**, Senior Center,
211 Railroad Ave., **Edmonds**
- 8:00 PM O **M.A.D.(MADE A DECISION)**, Lynnwood
Alano Club, 4001 198th St. S.W., **Lynnwood**
(1hr spkr mtg.)
- 8:00 PM O **BRIDGE TO FAITH**, Everett Congrega-
tional Church, 2624 Rockefeller, **Everett**,
(in nursery)
- 10:00 PM O **LATE NITE**, Ed-Lynn Fellowship,
7300 196th St. S.W. #3, **Lynnwood**

TUESDAY

- 6:00 AM O,H **ALMOST AWAKE**, IHOP, 10301
Evergreen Way, **Everett**, (1 HR)(S)
- 7:00 AM O,H **TUG(THE UNITY GROUP)** Mt. Zion
Lutheran Church, 21428 44th Ave. W.,
Mountlake Terrace, (N/S w/brk.)
- 7:00 AM O **TUESDAY MORNING SKY VALLEY**
625Ford, **Snohomish**
- 7:00 AM O **THE MORNING PHOENIX**, 4024
Hoyt,**Everett**, (N/S w/brk)(basement) 9:00
- AM O,H **BIG BOOK SKIPPERS**,Skippers
Resturant,102 Main, **Edmonds**, (N/S)
- 10:00 AM C **EASY DOES IT WOMENS BOOK**
STUDY GROUP,VIP Cabin Monroe
Fairgrounds, **Monroe**, (Women only)
(N/S)(Big Book study)
- 12:00 PM **A VISION FOR YOU** , Peace Lutheran
Church , 1717 Larson Rd., **Silvana**
- 12:00 PM O **GUNNY SACK HILL**, Lynnwood Al
ano Club, 4001 198th St. S.W., **Lynnwood**
- 12:00 PM O **COURAGE TO CHANGE**,4024 Hoyt,
Everett, (1HR) (N/S)
- 12:00 PM O,H **NOON AA**, Ed-Lynn Fellowship,7300
196th St. S.W. #3, **Lynnwood**
- 12:00 PM O **NOONER**, 432 2nd St., **Langley**, (S)
- 12:00 PM O **NOON MEETING**, 18th & Baker, **Everett**
- 12:00 PM O **SKY VALLEY TUESDAY NOON**
625 Ford, **Snohomish**
- 12:00 PM O **EVERETT GROUP**, 1906 Grand
Everett, (1HR) (N/S)
- 12:30 PM O,H **SENIORS FOR LIFE**, Everett Senior
Center, Lombard & Pacific, lower level,
Everett, (1HR)
- 12:30 PM O,H, **GROW OR GO**, Flapjack Resturant,
519 Delta, **Marysville**, (Smkng)(BB study)
- 3:00 PM O **3 O'CLOCKERS** , 4024 Hoyt, **Everett**
(N/S w/brk)
- 5:30 PM O **COURAGE TO CHANGE**, Lynnwood
Alano Club,4001 198th St. S.W.,
Lynnwood (1HR)

TUESDAY

- 5:00 PM O,H **HAPPY HOUR**, Ed-Lynn Fellowship
7300 196th St. S.W. #3, **Lynnwood**
- 5:15 PM O **ATTITUDE ADJUSTMENT**, 18th &
Baker, **Everett**, (1HR)
- 5:30 PM C,H **LANGUAGE OF THE HEART**, Harbour
Pt. Evangelical Lutheran Church, 5425
Harbour Pt. Blvd., **Mukilteo**, (1 Hr. N/S)
(SA-Speaker.last Tue.) Study
- 5:30 PM C **WOMEN'S LITERATURE STUDY**
1906 Grand, **Everett**, (N/S) (1HR.)
- 5:30 PM O **SKYVALLEY HAPPY HOUR**, 625
Ford St., **Snohomish**, (1 HR) (S)
- 6:30 PM C **WOMAN TO WOMAN**, 51st & Grove,
Marysville, Lit. Study, (N/S) (B-day last Tue.)
- 7:00 PM O,H **SOS GROUP** (Sober on the Sound),
Mukilteo Presbyterian Church, 822 3rd St.,
Mukilteo
- 7:00 PM C,H **SOUTH END 12 & 12 STUDY**, Cascade
View Presb. Church, 1030 E. Casino,
Everett (N/S) (S/A)B-day Spkr -last
Tues.
- 7:00 PM O **CAMANO GROUP** , Camano Community
Center, 141 N.E. Camano Dr., **Camano**
- 7:00 PM O,H **ECO LATINO**, 4824 Evergreen Way,
Everett
- 7:00 PM O,H **TURN IT OVER**, Northshore Christian
Church, 5700 23rd Dr. W., **Shoreline**
12 Step Study (N/S)
- 7:00 PM O **FE Y ESPERANZA**, 17224 Main St., **Monroe**
(N/S)(Hope & Faith Group)(Eco Latino)
- 7:00 PM O **SKY VALLEY STAG**, 625 Ford,
Snohomish
- 7:00 PM O **SKY VALLEY WOMEN'S CANDLE-
LIGHT**, 625 Ford, **Snohomish**

TUESDAY

- 7:30 PM C **TWISTED SISTERS**, Shepard Of The Valley Lutheran Church , 368th Dr., **Startup (womens) (N/S)**
- 7:30 PM O **FIRST STEP GROUP**, 18th & Baker, **Everett**
- 7:30 PM O,H **ONE DAY AT A TIME**, St. Thomas Moore, 176th S.W. & 64th W., **Lynnwood**
- 7:30 PM C **TERRACE SPIRITUAL STUDY**, First Baptist Church, 228th & 56th, **Mountlake Terrace**, (N/S)
- 7:30 PM O,H **TUESDAY 12 X 12** ,Granite Falls Community Center, **Granite Falls**
- 7:30 PM O,H **ARLINGTON GROUP**, Immaculate Con AT,AL -ception Ch., 1200 E. 5th, **Arlington** (N/S)
- 7:30 PM O,H **WHIDBEY PIONEERS**, Washington Mutual, **Freeland** (N/S w/brk)
- 7:30 PM O,H **SILVER LAKE 12X12 STUDYGROUP** Advent Luthern Church,4302 132nd St., S.E., **Snohomish**, (N/S w/brk)
- 8:00 PM C **12 X 12 STUDY**, 432 2nd St., **Langley**
- 8:00 PM O,H **EDMONDS TUESDAY NIGHT**, Senior Center, 211 Railroad Ave., **Edmonds**
- 8:00 PM O,H **BIG BOOK STUDY**, Ed-Lynn Fellowship, 7300 196th S.W.#3, **Lynnwood**
- 8:00 PM C,H **SMOKEY POINT MEN'S GROUP**, Faith LutheranChurch,1424 172nd N.E.,**Lakewood**, (S-A/Spkr-4th Tues) (N/S) (step study 1,2,3) (birthday mtg.4th Tues.)
- 8:00 PM O,H **MONROE TUESDAY NITERS**, Ever green State Fairgrounds, **Monroe**, Longhouse S.W. corner of grounds (N/S w/brk)During State Fair (late Aug-Labor Day meeting is at Monroe Valley General Hosp.)
- 8:00 PM O **EVERGREEN GROUP**, 1906 Grand **Everett**, (N/S)
- 8:30 PM C,H **WARM BEACH GROUP**, Warm Beach Comm. Church, 9611 188th St. N.W.

TUESDAY

- 9:30 PM O **IT'S IN THE BOOK**, 4024 Hoyt Ave.,
Everett, (N/S)
- 10:00 PM O,H **ED-LYNN FELLOWSHIP**,
7300 196th St. S.W. #3, **Lynnwood**

WEDNESDAY

- 6:00 AM O,H **ALMOST AWAKE**, IHOP, 10301 Ever-
green Way, **So. Everett**
- 7:00 AM O **THE MORNING PHOENIX** , 4024
Hoyt, **Everett**, (basement)
- 7:00 AM O,H **TUG(THE UNITY GROUP)** Mt. Zion
Lutheran Church, 21428 44th Ave. W.,
Mountlake Terrace, (N/S w/brk.)
- 7:00 AM O,H **AM AA**, Lynnwood Recreational Center,
18900 44th W., **Lynnwood**, (N/S), (12x12
Study)
- 7:00 AM O,H **EARLY RISERS**, Denny's, Pacific & Pine
Everett
- 7:00 AM O,H **SKY VALLEY**, 625 Ford, **Snohomish**
- 7:00 AM O **NEW BEGINNING**, 1906 Grand, **Everett**,
(1HR)(N/S)
- 9:00 AM O,H **CELEBRATE LIFE**, (women only),
Edmonds United Methodist Church, 828
Caspers St, **Edmonds**, (N/S)
- 10:00 AM O,H **EASY DOES IT**, VIP Log Cabin, Ever-
green State Fairgrounds, **Monroe**, (N/S w/
brk., not open during fair or fed. holidays)
- 12:00 PM O **SKY VALLEY WEDNESDAY NOON**,
625 Ford, **Snohomish**
- 12:00 PM O,H **MARYSVILLE HIGHNOONER**,
Golden Corral, 1065 State Avenue,
Marysville
- 12:00 PM C,H **MIDWAY GROUP**, Coco's Rest.
17535 Ballinger Way N.E., **Lake Forest
Park**, (N/S)
- 12:00 PM O,H **NOON AA**, Ed-Lynn Fellowship
7300 196th St. S.W.#3, **Lynnwood**
- 12:00 PM O **NOONER**, 432 2nd St., **Langley**, (N/S
w/ brk)
- 12:00 PM O **I CAN'T, WE CAN**, 4024 Hoyt, **Everett**,
(N/S) (1 HR)

WEDNESDAY

- 12:00 PM O **WEDNESDAY NOON**, 18th & Baker, Everett
- 12:00 PM O **EVERETT GROUP**, 1906 Grand Everett, (1HR) (N/S)
- 12:00 PM O,S **GUNNY SACK HILL**,Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**
- 3:00 PM O **3-O'CLOCKERS**, 4024 Hoyt, **Everett**, (N/S w/brk)
- 5:00 PM O,H **SOBRIETY**, Ed-Lynn Fellowship 7300 196th St., S.W.#3, **Lynnwood**
- 5:15 PM O **ONE FOR THE ROAD** 4024 Hoyt Ave., **Everett**, (1HR) (N/S)
- 5:15 PM O **THE WEDNESDAY 5:15**, 1906 Grand, **Everett** (N/S) (1HR)
- 5:30 PM O **HAPPY HOUR**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**, (N/S,1HR)
- 5:30 PM O **SKY VALLEY HAPPY HOUR** 625 Ford, **Snohomish** (1 HR) (S)
- 5:30 PM O,H **MARYSVILLE YOUTH RECOVERY GROUP**, St. Phillips Episcopal Church, 4312 84th St., **Marysville**, (N/S S-A/spkr. last Wed. 1 Hr., Discussion)
- 5:30 PM O,S **ARLINGTON TWELVE & TWELVE STUDY**, 2nd floor American Legion Hall, Olympic Ave., **Arlington**
- 5:30 PM O,H **ABC GROUP**, St. Aidians Episcopal 1318 E. SR 532, **Camano Island**, (N/S) (1 Hr.)
- 6:30 PM O **NORTHCREEK STUDY**, Northcreek Country Church, 18321 Bothell Way, **Bothell** (in basement) (N/S w/brk)
- 7:00 PM C,H **BIG BOOK STUDY**, Lynnwood Alano Club,4001 198th St. S.W., **Lynnwood**(1HR)
- 7:00 PM O **I READ IT IN THE GRAPEVINE**,4024 Hoyt Ave., **Everett**, (N/S w brk)(basement)

WEDNESDAY

- 7:00 PM O,H **SAFE HARBOR** , St.Tim's, 5124 164th S.W., **Lynnwood**, (N/S w/brk)
- 7:00 PM O,H **NEW LIFE GROUP**, 1906 Grand **Everett**
- 7:00 PM C **KINGSMEN GROUP**, American Legion, 2691 88th Ave. N.W., **Stanwood** (MEN ONLY) (smoke/brk)
- 7:00 PM O **SKY VALLEY WEDNESDAY NIGHT**, 625 Ford, **Snohomish**
- 7:00 PM O **FE Y ESPERANZA**, 17224 Main St., **Monroe** (N/S)(Hope & Faith Group)(Eco Latino)
- 7:30 PM O,H **NO DELUSIONS GROUP**, Valley General Hospital Recovery Center, **Monroe**, (N/S w/break)(1HR)
- 7:30 PM O,H **CAME TO BELIEVE**, Evangelical Lutheran Church, 5425 Harbour Pt., **Mukilteo**, (Study N/S)
- 8:00 PM O **BIG BOOK STUDY GROUP**, 18th & Baker, **Everett**
- 8:00 PM O,H **TEE PEE MEETING** , Hwy 2 to Milepost30; turn left, then first right, **Gold Bar**
- 8:00 PM O **WHACKO WEDNESDAY SMOKLESS** 432 2nd St., **Langley**
- 8:00 PM C,H **MARYSVILLE GROUP**, Unitarian Church, Fourth & Columbia, **Marysville**, (S/A-Spkr - Open Last Wed.) (N/S w/brk)
- 8:00 PM C **MOUNTLAKE TERRACE WEDNESDAY**, Medi-Plex Rehab, 6911 228th Place S.W., **Mountlake Terrace**
- 8:00 PM O **QUITTERS**, First Baptist Church, 22800 56th W., **Mountlake Terrace**, (N/S)
- 8:00 PM O,H **ED-LYNN FELLOWSHIP**, 7300 196th St. S.W. #3, **Lynnwood**
- 8:00 PM O **INDEX GROUP**, Old Fire Hall, **Index** (N/S w/brk)
- 8:15 PM O,H **JOURNEY TOO**, 621 204th S.W., **Lynnwood** (N/S) (1hr) spkr. meeting
- 10:00 PM O,H **ED-LYNN FELLOWSHIP** 7300 196th St. S.W.#3, **Lynnwood**

THURSDAY

- 6:00 AM O,H **ALMOST AWAKE** Int. House of Pancakes , 10301 Evergreen Way, **Everett** (1 HR)
- 7:00 AM O **SKY VALLEY**, 625 Ford, **Snohomish** 7:00 A.M.O,H **TUG(THE UNITY GROUP)** Mt. Zion Lutheran Church, 21428 44th Av W., **Mountlake Terrace**, (N/S w/brk.)
- 7:00 AM O **SKY VALLEY THURSDAY MORNING**, 625 Ford St., **Snohomish**
- 7:00 AM O **THE MORNING PHOENIX**,4024 Hoyt, **Everett**, (N/S w/brk) (basement)
- 9:00 AM O,H **HONESTY**, Seattle Seafood, 102 Main, **Edmonds**, (N/S)
- 10:00 AM O,H **EASY DOES IT GROUP**, Vip Cabin, Evergreen State Fairgrounds, **Monroe**, (N/S w/brk , no meeting during fed. holidays or during fair)
- 10:00 AM C **MARYSVILLE THURSDAY A.M.** Unitarian Church, 4th & Columbia **Marysville**, (N/S) Daycare
- 12:00 PM O **COURAGE TO CHANGE**, 4024 Hoyt, **Everett**, (1HR) (N/S)
- 12:00 PM O **EXPERIENCE, STRENGTH, HOPE** 18th & Baker, **Everett**
- 12:00 PM O,H **NOON AA**,Ed-Lynn Fellowship 7300 196th St. S.W. #3, **Lynnwood**
- 12:00 PM O,H **ARLINGTON NOON**,United Methodist Church, 4th & McLeod, **Arlington**, (1HR) (N/S)
- 12:00 PM O **NOONER**, 432 2nd St., **Langley**
- 12:00 PM O **SKY VALLEY THURSDAY NOON**, 625 Ford St., **Snohomish**
- 12:00 PM O **EVERETT GROUP**, 1906 Grand, **Everett**, (1HR) (N/S)
- 12:00 PM O **GUNNY SACK HILL**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**
- 3:00 PM O **3 O'CLOCKERS**, 4024 Hoyt, **Everett**, (N/S w/brk)

THURSDAY

- 5:00 PM O,H **ED-LYNN FELLOWSHIP**, 7300 196th St. S.W. #3, **Lynnwood**
- 5:00 PM C **WOMEN WORKING TOGETHER**, 1906 Grand, **Everett**, (Womens closed, N/S w/brk)
- 5:00 PM O **DUTCH CUP HAPPY HOUR**, Dutch Cup Resturant, Hwy 2, **Sultan**, (1HR)(N/S)
- 5:15 PM O **HAPPY HOUR**, 18th & Baker, **Everett**
- 5:30 PM O **RIDING FREE**, Arlington Legion, 113 Olympic, **Arlington**, (Smoking) 12/12 study Thurs. only
- 5:30 PM O **SKYVALLEY HAPPY HOUR**, 625 Ford, **Snohomish** (1HR) (S)
- 5:30 PM O,S **HAPPY HOUR**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood** (1HR)
- 6:15 PM O,H **BETTER OFF STRAIGHT AND SOBER**, Elmer's Rest., 3411 184th St. S.W. **Lynnwood**
- 6:30 PM O,H **BRG/RB**, Filibeck's Chuckwagon (dinner 1 Hr) Evergreen & Madison (park @ bank), **Everett**
- 6:30 PM C **STEELE MAGNOLIA'S** (womens) St. Aidiens, 1318 E. SR532, **Camano Island**
- 6:30 PM O,H **UP THE CREEK**, St Elizabeth Annton Catholic Church, 2316 180th St. S.E., **Bothell**
- 7:00 PM C **ALDERWOOD GROUP**, N. Creek Country Church, 18321 Bothell-Everett Hwy, **Bothell**, (N/S)
- 7:00 PM O,H **FREEDOM**, Edmonds Christian Church, 23010 84th Ave. W., **Edmonds**, (N/S)
- 7:00 PM O,H **CASCADE GROUP**, 1401 Poplar, **Everett**, (S/A-Spkr - last Thurs.) (N/S)
- 7:00 PM O **THE WAY OUT GROUP**, 4024 Hoyt, **Everett**, (N/S) (basement)
- 7:00 PM C **UNITY GROUP**, Unity Church, Hwy 525, **Clinton**
- 7:00 PM C,H **PATIENCE**, Presbyterian Church, 4700 228th St. S.W., **Mountlake Terrace**, (N/S)
- 7:00 PM O **SKY VALLEY THURSDAY NIGHT** 625 Ford St., (12x12), **Snohomish**
- 7:00 PM O **FE Y ESPERANZA**, 17224 Main St., **Monroe** (N/S)(Hope & Faith Group)(Eco Latino)

THURSDAY

- 7:00 PM O,S **THURSDAY WOMANS GROUP**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**
- 7:00 PM O,H **ECO LATINO**, 4824 Evergreen Way, **Everett**
- 7:00 PM O **SKYVALLEY TEENS**, 625 Ford St., **Snohomish**
- 7:30 PM C **MAINTENANCE GROUP**, Baptist Church, Hwy 530, **Darrington**
- 7:30 PM O,H **LIVING SOBER STUDY GROUP**, Cascade View Pres. Church, 1030 E. Casino S., **Everett**, (N/S w/brk)
- 7:30 PM C,H **SNOHOMISH BIG BOOK STUDY**, St. Michael's Catholic Church, 15th & Pine, **Snohomish**
- 7:30 PM C **WOTS**, St. Tim's (women only), 5124 164th SW, **Lynnwood**, (N/S)
- 7:30 PM C **STILLY VALLEY GROUP**, (Big Book Study), VFW Hall, 3rd & Mcloud, **Arlington**, (Parking on N. side, access through alley) (N/S)(S-A/Spkr-last Thu.)
- 8:00 PM H **GRANITE TNS**, Granite Falls Community Center, **Granite Falls**, (N/S)
- 8:00 PM O,H **ED-LYNN FELLOWSHIP**
7300 196th St. S.W. #3., **Lynnwood**
- 8:00 PM C **PYRAMID**, St. Matthews, 8330 212th S.W., **Edmonds**
- 8:00 PM O **THURSDAY NIGHT SPIRITUAL**
18th & Baker, **Everett**
- 8:00 PM C,H, **STANWOOD FREEWHEELER GROUP**
AL United Methodist Church, 27128 102nd Dr. N.W., **Stanwood**, (N/S w/brk)
- 8:00 PM O **SULTAN THURSDAY NIGHT**, 1st & High, **Sultan**
- 8:00 PM O,H **TULALIP THURSDAY NITERS**
Church of God, Marine View Drive, **Tulalip** (N/Swbreak)
- 8:00 PM O **DISCUSSION MEETING**, 432 2nd St., **Langley**
- 9:00 PM O **CANDLELIGHT**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**, (1HR)
- 10:00 PM O,H **ED-LYNN FELLOWSHIP**, 7300 196th St. S.W. #3, **Lynnwood**
- 12:00 AM O,H **ED-LYNN HOOTOWL**, Ed-Lynn Fellowship, 7300 196th St. S.W. #3, **Lynnwood**

FRIDAY

- 6:00 AM O,H **ALMOST AWAKE**, IHOP
Evergreen Way, **Everett** (1 Hr)
- 7:00 AM O,H **TUG(THE UNITY GROUP)** Mt. Zion
Lutheran Church, 21428 44th Ave. W.,
Mountlake Terrace, (N/S w/brk.)
- 7:00 AM O,H **AM AA**, Lynnwood Recreational Center,
18900 44th Ave. W., **Lynnwood**, (N/S),
Big Book Study
- 7:00 AM O **SKY VALLEY** , 625 Ford, **Snohomish**
- 7:00 AM O **THE MORNING PHOENIX**, 4024
Hoyt,(basement) **Everett**, (N/S w/brk)
- 9:00 AM O,H **TOLERANCE**, Skippers Resturant,
102 Main, **Edmonds**, (N/S)
- 12:00 PM O,H **FRIDAY ODDBALLS**, Trinity Episcopal
Church, 2301 Hoyt, **Everett**, (N/S)
- 12:00 PM O,H **NOON AA**, Ed-Lynn Fellowship,
7300 196th S.W. #3., **Lynnwood**
- 12:00 PM O **NOONER**, 432 2nd St., **Langley**
- 12:00 PM O **SKY VALLEY FRIDAY NOON**,
625Ford St., **Snohomish**
- 12:00 PM O **SOBER ON FRIDAY AFTERNOONS**
GROUP, 18th & Baker, **Everett**
- 12:00 PM O,H **AS BILL SEE'S IT**, Peace Lutheran Church,
1717 Larson Rd., (corner of Pioneer Hwy.)
Silvana, As Bill Sees It, (discussion)
- 12:00 PM C,H **GUNNY SACK HILL** , Lynnwood Alano
Club , 4001 198th St. S.W., **Lynnwood**
- 12:00 PM O **EVERETT GROUP**, 1906 Grand, **Everett**
(1HR) (N/S)
- 3:00 PM O **3 O'CLOCKERS**, 4024 Hoyt, **Everett**
(N/S w/brk)
- 5:00 PM O,H **ED-LYNN FELLOWSHIP**, 7300 196th
St. S.W. #3, **Lynnwood**
- 5:15 PM O **AA COMES OF AGE**, 18th & Baker
Everett, (Bday last Fri.)
- 5:15 PM O **ONE FOR THE ROAD**, 4024 Hoyt
Everett,(basement) (1 HR) (N/S)
- 5:30 PM O **LIVING SOBER**, Lynnwood Alano Club
4001 198th St. S.W., **Lynnwood**, (N/S)(1HR)
- 5:30 PM O **SKY VALLEY HAPPY HOUR**, 625
Ford St, **Snohomish**,(1 Hr.) (S)

FRIDAY

- 6:30P M O,H **HOW IT WORKS**, Providence Hospital, Medical Office Bldg., Rainier Rm., 1330 Rockefeller, **Everett**, (1 Hr. N/S)(S/A last Fri.)
- 7:00 PM O,H **CLEARVIEW'S CLEAR VIEW** Horseshoe Grange, 16424 Broadway Ave., **Snohomish**
- 7:00 PM O,H **GOOD HEALTH**, Group Health 20200 54th Ave W., **Lynnwood**
- 7:00 PM O **ARLINGTON CLEAN TEAM**, 2nd floor American Legion Hall, Olympic Ave. **Arlington (S)**
- 7:00 PM O,H **THE PICKLE BARREL**, Our Savior's Lutheran Church, 215 Mukilteo Blvd. **Everett**, (N/S)
- 7:00 PM O **STEPPIDDIGERS**, Unity Church Hwy. 525, **Clinton**
- 7:00 PM O **YOUTH IN RECOVERY**, Lynnwood Free Methodist Church, 65th & 188th **Lynnwood**, (N/S)
- 7:00 PM C,H **FRIDAY BIG BOOK STUDY**, St. Francis Episcopal Church, 13716 Bothell Everett Hwy., **Mill Creek**
- 7:00 PM C,H **SP WOMENS GROUP**, Unitarian Church, Fourth & Columbia, **Marysville**, (N/S) (S/A day last Fri. (open)) Big Book Study, Child Care
- 7:00 PM O,H **BURNING DESIRE**, Cumulus Park, 16404 Smokey Pt. Blvd., Bldg. nearest to I-5, entrance N. side , **Arlington** (Bus. 3rd Fri., Bday last Fri., gen. disc./ bk. study)(N/S)
- 7:00 PM O **SKY VALLEY FRIDAY NIGHT** 625 Ford St., **Snohomish**(birthday- Last Fri.)
- 7:00 PM C **VIETNAM VETRANS IN RECOVERY** , 4024 Hoyt **Everett**, (1HR)
- 7:00 PM O **FE Y ESPERANZA**, 17224 Main St., **Monroe** (N/S)(Hope & Faith Group)(Eco Latino)
- 7:30 PM O **BIG BOOK STUDY**, Lynnwood Alano Club 4001 198th St. S.W., **Lynnwood**
- 7:30 PM O **ST. ELSEWHERE**, First Baptist Church 17319 Larch Way, **Lynnwood**
- 7:30 PM O,H **FRIDAY SILVER LAKE PODIUM MEETING**, Advent Luthern Church, 4302 132nd St., S.E., **Snohomish**, (N/S w/brk) (Spkr's mtg. last Fri)

FRIDAY

- 7:30 PM O **FRIDAY@EVERGREEN** , 1906 Grand, **Everett** (S-A/Spkr - Last Fri, N/S)
- 7:30 PM O **FRIDAY SOBRIETY**, Ebenezer Lutheran Church, 2111 117th N.E., **Lake Stevens** (S-A/Spkr -Open last Fri. N/S)
- 7:30 PM O,H **FREEDOM SEEKERS**, Northshore Christian Church, 5700 23rd Dr. W., **Everett**(AL, Childcare)
- 7:30 PM C,H **GROUP 164**, (Big Book Stdy) Calvary Chapel Church, 9428 4th St. S.E., **Lake Stevens**, (N/S)(Child care)
- 8:00 PM O,H **DRUNKS R US**, Shoreline Christian Church 14800 1st Ave. N.E., **Shoreline**, Discussion (N/S) (Child care)
- 8:00 PM O **24-HOUR GROUP**, 18th & Baker, **Everett**
- 8:00 PM O **MONROE DOWNTOWNERS**, Episcopal Church 331 So. Lewis, **Monroe**, (N/S w/brk) (bday last Fri.)
- 8:00 PM O **CANDLELIGHT MEETING**, 432 2nd St., **Langley**, (N/S w/ brk)
- 8:00 PM C,H **FRIDAY NIGHTERS GROUP**, Marysville School Admin. Bldg., 4220 80th N.E., **Marysville** (N/S w/brk) (S-A/Spkr - 3rd Friday)
- 8:00 PM O **LYNNWOOD OPEN**, St. Tim's, 5124 164th S.W., **Lynnwood** (N/S)
- 8:00 PM O,H **RULE 62 GROUP**, Camano Island Community Center, 141 N.E. Camano Dr. **Camano Island**
- 8:00 PM C **SOUTH COUNTY MEN'S GROUP**, Faith Holy Rosary School , 770 Aloha , **Edmonds** in the staff lounge
- 8:00 PM O **INDEX**, Old Fire Hall, **Index** (N/S w/ brk)
- 8:00 PM O,H **T.G.I.F**, Ed-Lynn Fellowship, 7300 196th S.W.#3, **Lynnwood**
- 9:30 PM O **SOBRIETY BY CANDLELIGHT**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**
- 10:00 PM O **SKY VALLEY LATE NIGHT**, 625 Ford St., **Snohomish**
- 10:00 PM O **THE LUNACY COMMISSION**, 1906 Grand, **Everett** (1 1/2 hr.-N/S)
- 12:00 AM O,H **ED-LYNN FELLOWSHIP**, 7300 196th St. S.W. #3, **Lynnwood**

SATURDAY

- 6:00 AM O,H **ALMOST AWAKE**, IHOP, 10301 W. Evergreen Way, **Everett**, (1 Hr.)
- 7:00 AM O **THE MORNING PHOENIX**, 4024 Hoyt Ave., **Everett**, (N/S W brk) (basement)
- 7:00 AM O **SKY VALLEY**, 625 Ford, **Snohomish**
- 7:00 AM O,H **TUG(THE UNITY GROUP)** Mt. Zion Lutheran Church, 21428 44th Ave. W., **Mountlake Terrace**, (N/S w/brk.)
- 8:00 AM O,H **AM AA**, Lynnwood Recreational Center 18900 44th W., **Lynnwood** (N/S w/brk)
- 8:00 AM O **SATURDAY 8 AM GROUP**, 18th & Baker **Everett**
- 8:00 AM O,H **TWELVE PROMISES**, Camano Lutheran Church, 850 Heichel Rd., **Camano Island**
- 8:30 AM O **SATURDAY MORNING GROUP**, 1906 Grand, **Everett**, (Living Sober)
- 9:00 AM O **NORTH CREEK STUDY**, North Creek Country Church, 18321 Bothell Way S.E., **Bothell**, (N/S)
- 9:00 AM O,H **DUTCH CUP**, Dutch Cup Restaurant, Hwy. 2, **Sultan**, (N/S)
- 9:30 AM O,H **COMFORT ZONE** (Gay Men, Lesbians, Bisexuals & Friends) 816 Camano Dr. House of Hope, **Langley** (1&1/2 Hrs)
- 10:00 AM O **SISTERS IN RECOVERY**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**
- 10:00 AM C,H **WOMEN IN RECOVERY**, (Women Only), St. Francis Episcopal Church, 138th & Bothell Everett Hwy., **Mill Creek**, (N/S)
- 11:00 AM O **ATTITUDE OF GRATITUDE**, 1906 Grand, **Everett**, (1Hr) (N/S)
- 12:00 PM O,S **GUNNY SACK HILL**, Lynnwood Alano Club, 4001 198th St. S.W., **Lynnwood**
- 12:00 PM O **NOONER**, 432 2nd St., **Langley**, (N/S)
- 12:00 PM O,H **HIGH NOON**, Ed-Lynn Fellowship, 7300 196th St. S.W. #3., **Lynnwood**
- 12:00 PM O **PRIMARY PURPOSE**, 18th & Baker, **Everett**
- 12:00 PM O,H **ROAD OF HAPPY DESTINY**, Cascade Senior Center, 1115 Darrington Ave., **Darrington**, (N/S w/brk)

SATURDAY

- 12:00 PM O **SKY VALLEY SATURDAY NOON**,
625 Ford, **Snohomish**
- 12:15 PM O **EVERETT GROUP**, 1906 Grand,
Everett, (1HR) (N/S)(B-Day last Sat. 1.5 hr)
- 1:00 PM O,H **BEGINNERS & NEWCOMERS MEETING**
Providence Hospital (Pacific Campus) **Everett**
- 2:00 PM O,H **GOLDEN YEARS MEETING**, Medical
Office Bldg, Baker Room,1330 Rockefeller,
Everett
- 2:30 PM O **SATURDAY ON THE BAY**, (12x12
Study), 1906 Grand, **Everett**
- 5:00 PM O,H **ED-LYNN FELLOWSHIP**, Ed-Lynn Fel
- lowship, 7300 196th St. S.W. #3, **Lynnwood**
- 5:30 PM O **SKY VALLEY HAPPY HOUR**, 625 Ford
Ave., **Snohomish**, (1hr), Smoking
- 6:00 PM O,H **SATURDAY NIGHT SOLUTIONS**, Val-
ley General Hospital Recovery Center,
Monroe, (N/S w/brk)
- 6:00 PM **OLD TIMERS MEETING**, 3rd Sat.,
Conway Fir Island Lutheran Church, 611 Fir
Island Rd., **Conway**
- 6:00 PM O **KEEP IT SIMPLE/MAKE IT FUN**, Chapel
Hill Presbyterian Church, Chapel Hill Rd. &
101st Ave. N.E.,**Lake Stevens**, (n/s w break)
- 6:30 PM O **SATURDAY 6:30**, 1906 Grand , **Everett**
- 7:00 PM O,H **ARLINGTON STUDY GROUP**, (Big
Book Study & 12x12), Cascade Valley
Hospital, Conference Annex, **Arlington**
(N/S) (B-day 4th Sat.)
- 7:00 PM O,H **ECO LATINO** , 4824 Evergreen Way, **Everett**
- 7:00 PM C **LIVE & LET LIVE**, Longshore Hall, 1016
Hewitt, **Everett**, Discussion, (S) (S-A/Spkr -
4th Sat. (open))(No court slips signed)
- 7:00 PM **SATURDAY NIGHT SPECIAL**,
Filibecks Chuckwagon, Madison & Ever-
green, **Everett**
- 7:00 PM O **SKY VALLEY SATURDAY NIGHT**
625 Ford, **Snohomish**, (spkr last sat.)
- 7:00 PM O **MULKILTEO BONFIRE MEETING**,
City of Mukilteo Lighthouse Park, (last Sat. in
May through last Sat. in Aug.) potluck/fellowship
1 hr before mtg.

SATURDAY

- 7:00 PM C,H **IT'S IN THE BOOK**, St. Adians Episcopal, 1318 E. S.R.532, **Camano Island**, (N/S w/brk)
- 7:00 PM O,H **CAPACITY TO BE HONEST**, St. Francis Church, 13716 Bothell Everett Hwy., **Mill Creek**, (1HR)(N/S)
- 7:00 PM O **FE Y ESPERANZA**, 17224 Main St., **Monroe** (N/S)(Hope & Faith Group)(Eco Latino)
- 7:30 PM O **SAT. NIGHT SPEAKERS MEETING** Lynnwood Alano Club,4001 198th St. S.W. **Lynnwood**, (birthday meeting last sat.)
- 7:30 PM C **BIG BOOK STUDY**, St. Tim's 5124 164th S.W., **Lynnwood**, (N/S)
- 7:30 PM **SNO-ISLE SKILL CENTER**, 9001 Airport Rd., **Everett**
- 7:30 PM O,H **T.I.A.S.** (There is a Solution), North Creek Presbyterian Church, 621 164th St. S.E.,, **Mill Creek**, (Traditions last Sat)(N/S).
- 8:00 PM O **SATURDAY GRATITUDE MEETING** 432 2nd St., **Langley** (Bday last Sat.)
- 8:00 PM O **BIG BOOK STUDY**, Maplewood Presbyterian Church, 84th & 196th St. S.W., **Edmonds** (N/S)
- 8:00 PM O,H **SATURDAY NIGHT LIVE**, Ed-Lynn Fellowship 7300 196th St. S.W., #3., **Lynnwood**, (Bday potluck 7pm last Sat.)
- 8:00 PM O,H **UNMANAGEABLE?**, Maplewood Presp. Church, 196th & 84th Ave. W., **Edmonds**, (Big Book 1st 1/2, Discussion 2nd 1/2) (NS w/brk, Child Care Avail.) (S/A day 1st Sat.)
- 8:00 PM O **SATURDAY NIGHT LIVE** , 18th & Baker, **Everett**
- 9:00 PM **SATURDAY ALLNIGHTERS** , 1906 Grand , **Everett**
- 10:00 PM O **LATE NIGHT WITH AA** , 4024 Hoyt **Everett**, (basement) (N/S w/brk)
- 10:00 PM O,H **ED-LYNN FELLOWSHIP**, 7300 196th St. S.W. #3, **Lynnwood**
- 10:00 PM O,S **SKY VALLEY GROUP**, Snohomish Alano Club, 625 Ford St., **Snohomish**
- 12:00 AM O,H **ED-LYNN HOOTOWL**, 7300 196th St. S.W. #3, **Lynnwood**

HOW IT WORKS

Rarely have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous honesty. Their chances are less than average. There are those too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it — then you are ready to take certain steps.

At some of these we balked. We thought we could find an easier, softer way. But we could not. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.

Remember that we deal with alcohol — cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power — that One is God. May you find Him now!

Half measures availed us nothing. We stood at the turning point. We asked His protection and care with complete abandon.

Here are the steps we took, which are suggested as a program of recovery:

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.

4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such persons wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Many of us exclaimed, "What an order! I can't go through with it!" Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles. We are not saints. The point is that we are willing to grow along spiritual lines. The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection.

Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after make clear three pertinent ideas;

- (a) that we were alcoholic and could not manage our own lives;
- (b) that probably no human power could have relieved our alcoholism;
- (c) that God could and would if He were sought.

THE TWELVE TRADITIONS

“Our traditions are a guide to better ways of working and living. And they are to group survival as AA’s 12 Steps are to each member’s sobriety and peace of mind. Most individuals cannot recover unless there is a group. The group must survive or the individual will not.” ~ Bill W.

1. Our common welfare should come first; personal recovery depends upon AA unity.
2. For our group purpose there is but one ultimate authority ... a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants . . . they do not govern.
3. The only requirement for AA membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or AA as a whole.
5. Each group has but one primary purpose . . . to carry its message to the alcoholic who still suffers.
6. An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every AA group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press radio and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

