Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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The Twelve Steps of Alcoholics Anonymous

1. We admitted we were powerless over alcohol-that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him.*
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when were wrong promptly admitted it.
11. Sought, through prayer and meditation, to improve our conscious contact with God *as we understood Him,* praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual experience as a result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

Open *SPEAKER* meetings —

Open to alcoholics and nonalcoholics. (Attendance at an open A.A. meeting is the best way to learn what A.A. is, what it does, and what it does not do.) At speaker meetings, A.A. members "tell their stories." **Speakers describe their experiences with alcohol**, how they came to A.A., and how their lives have changed as a result of Alcoholics Anonymous.

OPEN *discussion* meetings —

One member speaks briefly about his or her **drinking experience**, and then leads a discussion on **A.A. recovery or any drinking-related problem** that anyone brings up.

CLOSED *discussion* meetings —

Conducted just as open discussions are, but **for alcoholics or prospective A.A.s only**. (From "For Anyone New Coming to A.A."- GSO Web Site.)

The primary purpose of any A.A. group is to carry the A.A. message to alcoholics. Experience with alcohol is one thing all A.A. members have in common. It is misleading to hint or give the impression that A.A. solves other problems or knows what to do about addiction to drugs.
(From "The AA Group" pamphlet.)

DISTRICT 28 HOTLINE 24 HOURS A DAY
(360)807-0902
Call someone
before you take that first drink!!

TELEPHONE NUMBERS

Name	Number

The Serenity Prayer

God, Grant me the Serenity to accept the
things I cannot change,
Courage to change the things I can,
and the Wisdom to know the difference.

Monthly District Meetings
Business Meeting 2:00PM Third Sundays
Timberland Library, Salkum, Hwy. 12

DISTRICT 28

MEETING SCHEDULE ALCOHOLICS ANONYMOUS

Centralia, Chehalis, Mary's Corner, Morton, Mossyrock, Oakville, Onalaska, Packwood, Randle, Rochester, Salkum, Tenino, Toledo, Vader and Winlock

January 2006

DISTRICT 28 HOTLINE 24 HOURS A DAY AT (360) 807-0902

Spanish speaking meetings available.
Si tiene problema con el alcohol nosotros podemos ayudar:
(360) 736-4813

Groups listed in this schedule are listed at their request. A listing DOES NOT constitute or imply approval or endorsement of any group's approach to, or practice of the traditional AA PROGRAM.
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